



# NEWSLETTER - 19<sup>TH</sup> JANUARY 2024

## -THE EAVES EXPRESS-

### Upcoming Dates

**Tuesday 23<sup>rd</sup>** – Year 3 library visit

**Friday 26<sup>th</sup>** – Year 4 class assembly (parents/carers welcome) @ 9am

**Monday 29<sup>th</sup>** – NO CARE CLUB due to whole school staff training

**Monday 29<sup>th</sup>** – Year 1 library visit

**Tuesday 30<sup>th</sup>** – Y6 football competition at TSA

**Wednesday 31<sup>st</sup>** – Dodgeball competition

### No Care Club

Due to staff training, there will be no Care Club on Monday 29<sup>th</sup> January.

### Coffee Morning -

### ADDvanced Solutions

Please see Parent App for details of a coffee morning with ADDvanced Solutions.

This is aimed to support families with questions & queries regarding neurodiversity.

### Cardboard & Carboard Tubes

In the upcoming weeks the children will taking part in an exciting Castle Art project- please see Parent App for more information.

In order to build the project, school need a large amount of cardboard boxes – the bigger the better – and cardboard tubes, for example, fabric tubes etc.

19<sup>th</sup> January 2024

# THIS WEEKS WINNERS

## CERTIFICATE OF THE WEEK; 'Being A Good Historian'



FS2/Reception - Ryan & Ellis W

Year 1 - Margot & Sonnie

Year 2 - Ethan & Daniel

Year 3 - Susan & Lexie

Year 4 - Alex & Florence

Year 5 - Riley & Adam

Year 6 - Santino & Emily T

*Class Of  
The Week  
Year 2*

## EARLY BIRD & S.A.M



No class won Early Bird this week!  
Lets hope the bad weather clears up  
this weekend and makes travelling  
to school easier!

Well done Year 1!  
You had the highest attendance  
this week!

S.A.M will be with you next week!



# ENJOYING YEAR 1



**SNOW!** - Fortunately for us, our Science topic of Seasonal Change lends itself nicely to the arrival of snow, so we wrapped up warm and headed outside. While here, we had a snowball competition to see who could throw one the farthest

and we used our observing skills to note what we could see. We then used this to create some beautiful landscape drawings.



Margot



Levi



Olivia

**Materials** - Our other Science unit is focused on materials. We have been great material detectives, figuring out what different objects are made from



and what their properties are. We have even discovered that there can be more than one type of a certain material, such as hard and soft plastic.

**Maths; doubling & halving** As always, we are being super mathematicians! We have been focusing really in-depth on numbers to 20, ensuring we are confident in the values, and make-up of each number. Part of this has included looking at doubling and halving. We got the Numicon straight out and explored how we double and how we halve. We were shocked to discover that two odd numbers doubled gives us an even number!



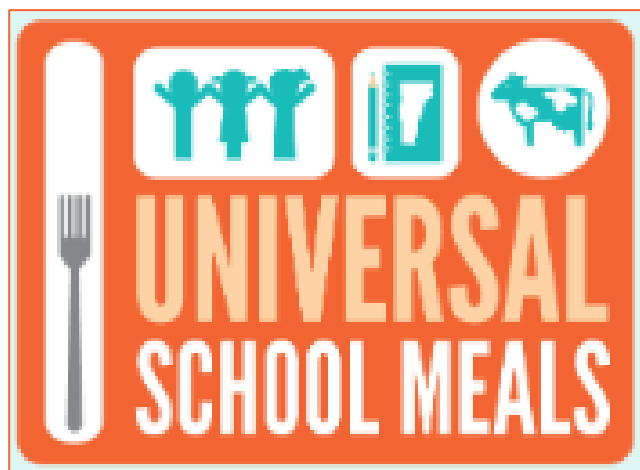
**Music** - In Music, we are learning a brand-new song called 'My Dog is a Good Dog'. We're that impressive, we're even learning some sign language to go with our beautiful singing. We are loving learning to keep to the beat and find new ways to create sounds with our body.

# UNIVERSAL SCHOOL MEALS

Is your child getting their FREE universal school meal?

Back in September 2014, the Government introduced Universal Free School Meals for ALL children in Reception (FS2), Year 1 & Year 2. This is not dependant on household income, or being in receipt of certain benefits, it is open to all!

There are no forms to complete, and your child is free to move between their universal Free School Meal and packed lunches whenever they choose! So why not give it a try!



## **Benefits of good food in school:**

There is evidence that food eaten by young people at school affects their behaviour and ability to learn. By committing to a regular school meal you can be sure your child is eating well at lunchtime.

## **Some of the benefits include:**

- Children can sit down together and enjoy their meal to develop social skills that are important in later life.
- A well-nourished and happy child is more likely to be receptive to participating in afternoon activities.
- Someone else prepares and cooks a midday meal for your child, which saves you worrying about a packed lunch every day!



**PLEASE CONTACT THE SCHOOL OFFICE FOR  
FURTHER DETAILS**



# FREE SCHOOL MEALS

Is your child eligible for a free school meal?

## Other Options

Free school meals are available for children outside of Universal School Meals (Reception Year 1 and year 2), if you or your partner are in receipt of certain benefits.



If your child is eligible for free school meals, you will also receive supermarket food vouchers for use over the school holidays and the school is provided with an additional £1,320 of funding.

To check your child(ren)s eligibility, please go to;

<https://www.cloudforedu.org.uk/ofsm/sims>

Your child will likely to be eligible for free school meals if you (or your partner) are in receipt of any of the following:

- **Universal Credit** and net earnings are no more than £7,500 per year (£616.67 in your last assessment period, £1,233.34 over last two assessment periods or £1,850 over last three assessment periods)
- **Income Support**
- **Income-based Jobseeker's Allowance**
- **Income-related Employment and Support Allowance**
- **Support under Part VI of the Immigration and Asylum Act 1999**
- **The guaranteed element of Pension Credit**
- **Child Tax Credit** (provided you are not also entitled to Working Tax Credit and have an annual gross income, as assessed by HMRC, of no more than £16,190)
- **Working Tax Credit 'run on'** - paid for 4 weeks after you stop qualifying for Working Tax Credit

**Once eligible, your child will continue to receive free school meals until they have finished their current Phase of education i.e. primary school (Year 6).**



## USEFUL INFORMATION

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit [nationalcollege.com](https://nationalcollege.com) for further guides, hints and tips for adults.

# SMARTPHONE SAFETY TIPS

## for young people

7

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

### NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosey around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

### RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

### TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

### STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

### DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

### IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

### ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

### REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

### THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

### SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.



# LOCAL ACTIVITIES



**Free 8-week programme!**  
Supporting parents and carers to give their children the best start in life.

**The programme covers:**

Emotional wellbeing

Healthy weight

Parenting skills

Oral health

Nurturing relationships

Physical activity

Sleep

Activity ideas

**From From Wednesday 10th January 2024**

**10.00am - 12.00pm**

**Thatto Heath Children's Centre**

**From Monday 15th January 2024**

**10.00am - 12.00pm**

**Sutton Family Hub**

**From Tuesday 6th February 2024**

**1.30pm - 3.30pm**

**Central Link Family Hub**

**From Tuesday 13th February 2024**

**1.00pm - 3.00pm**

**Moss Bank Children's Centre**

**BSL Interpreters are available on request.**

**To get in touch with us please contact:**

**Email: [childrenscentres@sthelens.gov.uk](mailto:childrenscentres@sthelens.gov.uk)**

**Telephone: 01744 673420 Text: 07761045427**



**Family Hub**

**ST HELENS**  
BOROUGH COUNCIL

# LOCAL ACTIVITIES



***Tots Talking is now available at St Helens Family Hub and Children's Centres!***

**For parents/carers of children aged 18 months onwards**

**Discover ideas to encourage your child's speech and language development**

**Explore the Tots Talking App to help support your child's learning in the home**

**Parent/carer only sessions**

**Creche available - booking is required**

**Weekly one-hour sessions at:**

**Sutton Family Hub  
Monday 1.30pm - 3.00pm**

**Newton Family Hub  
Thursday 1.00pm - 2.30pm**

***Referral only***

***Places are limited book now!***

**BSL Interpreters are available on request.**

**To get in touch with us please contact:**

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**Family Hub**

**ST HELENS**  
BOROUGH COUNCIL



# LOCAL ACTIVITIES

## *Frequently Asked Questions*

### *Who is Tots Talking for?*

Parents/carers of children 18 month onward

-

Parents/carers looking for strategies to support language development

-

Families wanting to increase verbal communication and interaction

### *How will it help?*

Ideas to promote your child's language skills

-

Things to do at home and in everyday activities  
professional support

-

Understanding the important role parents play in their child's learning  
and development

-

Talk to other parents

### *Who can refer?*

Referrals from professionals, health visitors, family support workers,  
nurseries and parents.

### *How do I refer?*

Referral forms are located within the forms section of the ICS (internal  
social care system), EHAT system. Paper versions can be completed  
and sent to [childrenscentreservicerequests@sthelens.gov.uk](mailto:childrenscentreservicerequests@sthelens.gov.uk)



19<sup>th</sup> January 2024

# LOCAL ACTIVITIES



**Fun and interactive sessions for  
preschool children, parents & carers to  
learn basic**

**British sign language (BSL)**

**At Sutton Family Hub**  
**Ellamsbridge Road, Sutton, St Helens,**  
**WA9 3PY**

**9.30am – 10.15am**

**Starting**  
**Monday 8th January 2024**  
**for 5 weeks**

For more information please contact:

E: [ICAN@deafnessresourcecentre.org](mailto:ICAN@deafnessresourcecentre.org)

T: 01744 23887

Deafness Resource Centre, 32-40 Dentons Green Lane, St Helens, WA10 2QB



**Family Hub**



Registered Charity in England No. 1128148  
Company Reg. in England No. 6607262



# DATES FOR YOUR DIARY

## JANUARY 2024

**Tuesday 23<sup>rd</sup>** – Year 3 library visit

**Friday 26<sup>th</sup>** – Year 4 class assembly (parents/carers welcome) @ 9am

**Monday 29<sup>th</sup>** – NO CARE CLUB due to whole school staff training

**Monday 29<sup>th</sup>** – Year 1 library visit

**Tuesday 30<sup>th</sup>** – Y6 football competition at The Sutton Academy

**Wednesday 31<sup>st</sup>** – Dodgeball competition

## February 2024

**Thursday 1<sup>st</sup>** – Y3 trip to Liverpool

**Friday 2<sup>nd</sup>** – Coffee morning with ADDvanced Solutions @9am

**Tuesday 6<sup>th</sup>** – Year 5 library visit

**Friday 9<sup>th</sup>** – last day of half term

**Friday 9<sup>th</sup>** – Eaves Factor auditions

**Monday 12<sup>th</sup>– Friday 16<sup>th</sup>** – Half term break

**Week commencing 26<sup>th</sup>** – ‘Learn in class’ sessions

**Monday 26<sup>th</sup>** – Governors Resources sub-committee meeting @ 5pm

**Thursday 29<sup>th</sup>** – Eaves Factor @ 6.15pm

## March 2024

**Friday 1<sup>st</sup>** – Year 3 class assembly (parents/carers welcome) @ 9am

**Monday 4<sup>th</sup>** – Governors Standards sub-committee meeting @ 5pm

**Thursday 7<sup>th</sup>** – World Book Day celebrations

**Friday 8<sup>th</sup>** – Girls Football @ Rainford High

**Tuesday 12<sup>th</sup>** – Paul Delaney in school working with KS1

**Friday 15<sup>th</sup>** – Athletics competition

**Week commencing 18<sup>th</sup>** – Assessment week

**Week commencing 18<sup>th</sup> is last week for the following clubs –**

Board Games, Story Explorers, Dance, History,

**Wednesday 20<sup>th</sup>** – Parent consultations

# DATES FOR YOUR DIARY

## March 2024 Continued

**Week commencing Monday 25<sup>th</sup> is last week for the following clubs – Dodgeball, Girls football, Y2 multi-sports and Athletics**

**Monday 25<sup>th</sup> – Year 3 & Year 4 – Football @ TSA**

**Monday 25<sup>th</sup> – Full Governors @ 5pm**

**Tuesday 26<sup>th</sup> – Y4 trip to Sutton and Carr Mill Dams**

**Tuesday 26<sup>th</sup> – Poetry Buzz event**

**Thursday 28<sup>th</sup> – last day of term**

**Friday 29<sup>th</sup> March–Friday 12<sup>th</sup> April – Easter break.**

**School re opens on Monday 15<sup>th</sup> April.**