



NEWSLETTER – 2<sup>ND</sup> FEBRUARY 2024

## -THE EAVES EXPRESS-

### Lost Castles Project

Our Lost Castles of Liverpool Project is set to start on Monday 5<sup>th</sup> February with an initial two day exploration of our local area. The children will share information collated through their homework about street names and places of significance to themselves and family. This will hopefully inspire some creative writing and poetry. Thank you to family members and local businesses who have donated so much cardboard for our castle constructions! It is set to be superb. Construction starts on Wednesday and ends on Friday in a showcase. Watch this space for photographs.

### February 2024

**W/C Monday 5<sup>th</sup>** – Lost Castle Arts Project

**Tuesday 6<sup>th</sup>** – Year 5 library visit @10am

**Friday 9<sup>th</sup>** – last day of half term

**Friday 9<sup>th</sup>** – Eaves Factor auditions

**Monday 12<sup>th</sup> – Friday 16<sup>th</sup>** – Half term break

**Monday 19<sup>th</sup>** – School re-opens after half term

**Week commencing 26<sup>th</sup>** – ‘Learn in class’ sessions

**Monday 26<sup>th</sup>** – Governors Resources sub-committee meeting  
@ 5pm

**Thursday 29<sup>th</sup>** – Eaves Factor @ 6.15pm

# THIS WEEKS WINNERS

## CERTIFICATE OF THE WEEK; 'Sharing Great Ideas'



FS2/Reception - Daniel & Ellis

Year 1 - Mason & Holly

Year 2 - Lincoln & Charlie

Year 3 - Curtis & Lexie

Year 4 - Lexie & Lucas

Year 5 - Neve & Summer

Year 6 - Charlie & Darwin

*Class Of  
The Week  
Year 4*

## EARLY BIRD & S.A.M



Well done to FS2, Years 1, 2, 4 & 5. You all had the best time keeping this week!

Early Bird will come to visit you next week!

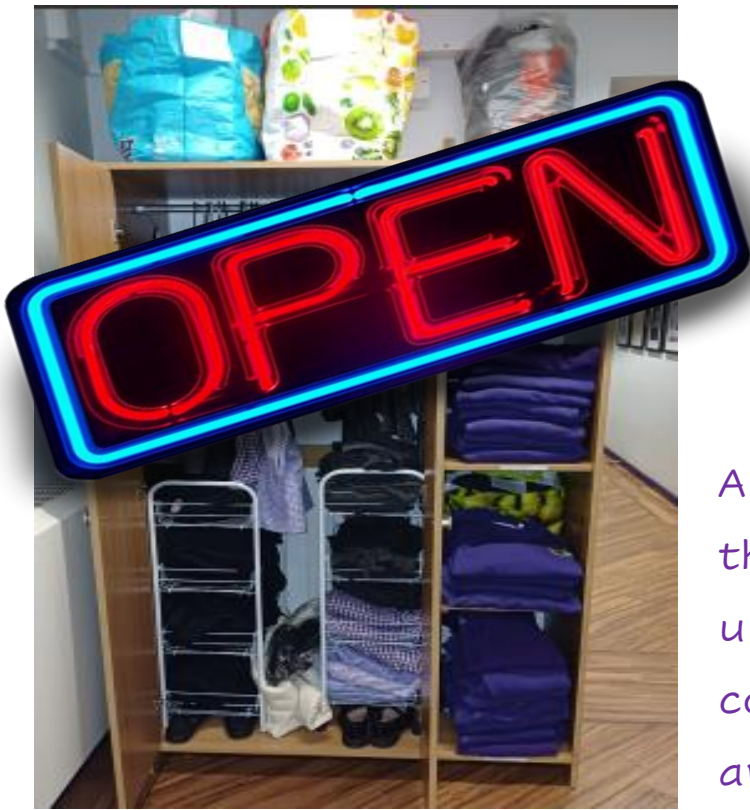
Well done Year 3. You had the highest attendance this week!

S.A.M will be with you next week!



2<sup>nd</sup> February 2024

# OUR SCHOOL WARDROBE IS OPEN!



With the help of our school PGTA, and your generous donations, we can now officially open our Eaves Primary wardrobe!

A recent UK study has found that up to **1.4 million** school uniforms, many of which could be reused, are thrown away every year!

Many of these items and garments contain high levels of polyester, that equates to around 350 tonnes of plastic every year, and the research suggests many school uniforms which are still in good condition are thrown away simply because the child has outgrown them!

A typical school **uniform costs around £250.00 a year**. So as the cost of living crisis continues to impact us all, the option of getting part of your child's uniform for free, while donating anything they have outgrown that is still in good condition, means that your money can be spent elsewhere, and we are positively impacting the environment by recycling!

**(PLEASE NOTE, you do not have to donate anything to use the Eaves wardrobe.)**

We have pre-loved uniform in most sizes, and it has been checked to ensure it is of good quality and is ready to be worn! So telephone, or pop to the main office to see if we have anything you might need!





2<sup>nd</sup> February 2024

# WE ARE THE CHAMPIONS!



On Tuesday our Year 6 football team competed in a multi-school competition and won!

Congratulations!

We are so proud of you!



Well done, Archie, Harry, Charlie, Santino, Tori, Izzy, Emily, Joseph & Dylan! AMAZING!



2<sup>nd</sup> February 2024

# A GREAT START TO THE NEW YEAR FOR Y4

Y4 have had a super busy start to the year! Here are a few of our highlights!

## History...

We started our new topic about the Anglo-Saxons. We began by exploring why the Romans left Britain in 410AD and why the Anglo-Saxons decided to settle in Britain. We especially enjoyed learning about the lifestyle of Anglo-Saxons through some artefacts provided by the library service. We handled some chain mail that the Anglo-Saxons would wear in battle, pots they would use to cook and collect water and their jewellery!



## Science...



We have been exploring States of Matter. We know there are three states of matter. These are solids, liquids and gases! We began our unit by sorting and classifying different materials based on their state of matter. Next, we explored the particles of solids, liquids and gases

and how they are different. To do this, we went outside and acting like the different particles. For example, for a solids, we all touched and vibrated just like the particles in a solid!

## Music...

In Music, we are continuing to learn the tenor horn! We wowed our families and Mrs Kearney with our brass performance during our class assembly! In lessons, we are showing a great understanding of the different notes and beginning to read music independently! We have even played in harmony with each other and improvised with our instruments!





*Do you have what it takes?*

# **EAVES FACTOR**

## **SPRING 2024**



**Are you a budding comedian? A singer or dancer? Can you play an instrument or maybe juggle? Are you a martial artist? If you have a talent you are ready to show off, we want you for Eaves Factor!**



*Open auditions for all KS2 pupils!*  
*So, make sure you're ready to WOW*  
*the judges,*  
**FRIDAY 9<sup>th</sup> FEBRUARY**



# USEFUL INFORMATION

## What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

'Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

### WHAT ARE THE RISKS?

#### POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life.

#### MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

#### PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate.

#### SENSORY OVERLOAD

Repetitively scrolling, clicking on links or playing games can create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted.

#### COSTLY ADDITIONS

Video games sometimes display offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.

#### PHYSICAL CONSEQUENCES

Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

## Advice for Parents & Carers

#### ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends – or perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.

#### NIX NOTIFICATIONS

Stop knee-jerk responses at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.

#### ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

#### MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.



2<sup>nd</sup> February 2024

# HALF TERM ACTIVITIES

February Holiday Camp, Eaves  
Primary (St. Helens)

**Football, dance, sports,  
and playground &  
indoor activities!**



**12/02/2024 -  
16/02/2024**

- Ages Reception +
- 8am - 6pm
- Ofsted Registered
- More Details Online



- Book Now: [RARINGSTARS.COM](https://www.raringstars.com)
- Social Media: @RARINGSTARS
- Email Us: [CONTACT@RARINGSTARS.COM](mailto:CONTACT@RARINGSTARS.COM)



2<sup>nd</sup> February 2024

# HALF TERM ACTIVITIES



## FEBRUARY HALF TERM FOOTBALL CAMP

Book now to avoid disappointment.

For more information  
on prices and availability contact:

Steven Pagendam on 07492091999

Or message me on  
Facebook STEVEN PAGENDAM



Lunch, Drinks and shin pads essential

Thatto Heath Rugby Club

The Barn

Thatto Heath

St Helens

WA9 5JA

I am DBS approved and an FA qualified  
coach. I have over 13 years experience in  
coaching both in the UK and overseas.

Steves half term holiday  
football camps are a great  
way for your child to  
learn new skills, have  
fun, make new friends  
and much more. matches  
are played and prizes  
awarded.

### CLASS DATES AND TIMES:

**12TH FEBRUARY**  
**1030AM - 130PM**  
**AGES 5-8 YEARS**

**15TH & 16TH**  
**1030AM - 130PM**  
**AGES 9 YEARS +**





# DATES FOR YOUR DIARY

**Please Note;** Sometimes dates have to be changed due to external matters. We will always inform you of these changes and publish (on the school website) updates to this document.

## February 2024

**Tuesday 6<sup>th</sup>** – Year 5 visit to Chester Lane library visit

**Friday 9<sup>th</sup>** – Eaves Factor auditions

**Friday 9<sup>th</sup>** – last day of half term

**Monday 12<sup>th</sup>- Friday 16<sup>th</sup>** – Half term break

**Monday 19<sup>th</sup>** – School re-opens after half term

**Week commencing 26<sup>th</sup>** – ‘Learn in class’ sessions

**Monday 26<sup>th</sup>** – Governors Resources sub-committee meeting @ 5pm

**Thursday 29<sup>th</sup>** – Eaves Factor @ 6.15pm

## March 2024

**Friday 1<sup>st</sup>** – Year 3 class assembly (parents/carers welcome) @ 9am

**Monday 4<sup>th</sup>** – Governors Standards sub-committee meeting @ 5pm

**Thursday 7<sup>th</sup>** – World Book Day celebrations

**Friday 8<sup>th</sup>** – Girls Football @ Rainford High

**Tuesday 12<sup>th</sup>** – Paul Delaney in school working with KS1

**Friday 15<sup>th</sup>** – Athletics competition

**Week commencing 18<sup>th</sup>** – Assessment week

**Week commencing 18<sup>th</sup> is last week for the following clubs** – Board Games, Story Explorers, Dance, History,

**Wednesday 20<sup>th</sup>** – Parent consultations

**Week commencing Monday 25<sup>th</sup> is last week for the following clubs** – Dodgeball, Girls football, Y2 multi-sports and Athletics

**Monday 25<sup>th</sup>** – Year 3 & Year 4 – Football @ TSA



# DATES FOR YOUR DIARY

## March 2024

**Monday 25<sup>th</sup>** – Full Governors @ 5pm

**Tuesday 26<sup>th</sup>** – Y4 trip to Sutton and Carr Mill Dams

**Tuesday 26<sup>th</sup>** – Poetry Buzz event

**Thursday 28<sup>th</sup>** – last day of term

**Friday 29<sup>th</sup> March–Friday 12<sup>th</sup> April – Easter break.**

## APRIL 2024;

**Monday 15<sup>th</sup>** – School re-opens after Easter break

**Week commencing Monday 22<sup>nd</sup>** – New after school clubs start

**Friday 26<sup>th</sup>** – Year 3 class assembly (parents/carers welcome) @ 9am